

## Endoscopic Sleeve Gastropasty Guide for Out-of-Town Patients

Houston Surgical Specialist welcomes you to Houston!

Below is a general timeline of what to expect.

Your specific dates and times will be provided along with the initial phone consultation.

Dr. Marvin **requires** testing and a nutrition consult with a Registered Dietitian prior to the procedure.

The clinic staff will send **provide** orders for post op testing and an RD referral.

RX orders are **provided** the day of the Pre-Op to fill at the pharmacy of your choice in Houston.

- ▶ Thursday morning fly to Houston, arrival with plenty of time to make post-op appt
- ▶ Thursday afternoon pre-op appointment with Dr. Marvin
- ▶ Friday morning ESG Procedure at Hermann Drive Surgical Center
- ▶ Friday afternoon released to travel companion/nurse
- ▶ Should any cause for concern arise, overnight stay is required
- ▶ Saturday and Sunday are free to relax or see more of Houston
- ▶ Monday morning post-op appointment with Dr. Marvin
- ▶ Monday afternoon cleared to travel home with Dr. Marvin's approval

### Traveling Alone – Must be accompanied (18 yrs. or over) to be discharged after procedure

- ▶ Pulse Staffing offers a Transport Service. 24 Hour observation is required.
  - ▶ [www.pulsestaffing.com](http://www.pulsestaffing.com) (713) 622-9877
- ▶ You will be discharged into their care from the surgery center. Recovery will contact Pulse Staffing within 30 min of discharge or admittance.
- ▶ The CNA/RN will transport you to your hotel and assist as needed
- ▶ Duration of hire is subject to the discharging facility- 24 hour observation
- ▶ Certain contractual obligations apply, contact Pulse Staffing for details
- ▶ Certified Nurse Assistant \$25 per hour RN is \$56-\$58 an hour
- ▶ Schedule at least 7 days prior to arrival in Houston
- ▶ No cancellation fee

### Airports

- ▶ George Bush Intercontinental (IAH), 25 miles from Dr. Marvin's Office
- ▶ William Hobby (HOU), 15 miles from Dr. Marvin's Office  
<http://www.fly2houston.com> This link provides shuttle info.

### Transportation

- ▶ Rental Car
- ▶ Airport and Hotel Shuttles
- ▶ Taxi - The Taxi Club of Houston [www.taxiclubhou.com](http://www.taxiclubhou.com)
- ▶ Uber or LYFT [See App store for OS download](#)
- ▶ My Private Driver
  - ▶ [www.myprivatedriver.com](http://www.myprivatedriver.com)

## Accommodations

### **Hotel Derek**

2525 West Loop South, Houston, TX 77027  
713- 961-3000 [www.hotelderek.com](http://www.hotelderek.com)  
Call Reservations & ask for Small Business Rate  
Or on-line booking use code "sbiz".

### **Double Tree by Hilton**

6 Greenway Plaza East, Houston, TX 77046  
713-629-1200 [www.doubletree.com](http://www.doubletree.com)  
Promo Code: Medical Rate 0002682398  
or [Doubletree Discount Booking](#)

### **Four Points Sheraton Greenway Plaza**

2828 Southwest Freeway, Houston, TX 77098  
713-942-2111 [www.fourpointshoustongreenwayplaza.com](http://www.fourpointshoustongreenwayplaza.com)  
Medical Rate \$99 Includes Comp breakfast for 2, Comp Parking  
Email Shelley booking [s.bitzkie@fourpointshouston.com](mailto:s.bitzkie@fourpointshouston.com)

### **Hotel ZaZa**

5701 Main Street, Houston, Texas 77005  
713-526-1991 [houstonmuseumdistrict@hotelzaza.com](mailto:houstonmuseumdistrict@hotelzaza.com)  
Call reservations & ask for Medical Center Rates of \$195

### **Houston Marriott Medical Center**

6580 Fannin Street, Houston, TX 77030  
713-796-0080 [www.HoustonMarriott.com](http://www.HoustonMarriott.com)  
Call reservations & ask for Medical Center Rate of \$199

### **Crown Plaza River Oaks**

2712 Southwest Freeway, Houston, TX 77098  
713-523-8448 [www.ihg.com/crowneplaza](http://www.ihg.com/crowneplaza)  
Call reservations & ask for ISDHI rate \$115

## Around Houston

- ▶ Shop for clear liquids: [Kroger Delivery](#) (Please check details)
- ▶ Outdoor family entertainment: Discovery Green [www.discoverygreen.com](http://www.discoverygreen.com)
- ▶ Shopping: The Galleria Mall & Hedwig Village Shopping
- ▶ Museum District: [www.houmuse.org](http://www.houmuse.org)
- ▶ Theater: [www.houston-theater.com](http://www.houston-theater.com)
- ▶ Music, Arts, Festivals: [www.artshound.com](http://www.artshound.com)
- ▶ Other: (Places of Worship, etc.): [www.downtownhouston.org](http://www.downtownhouston.org)