

Endoscopic Sleeve Gastroplasty Guide for Out-of-Town Patients

Houston Surgical Specialist welcomes you to Houston!

Below is a general timeline of what to expect.

Your specific dates and times will be provided along with the initial phone consultation.

Dr. Marvin **requires** testing and a nutrition consult with a Registered Dietitian prior to the procedure.

The clinic staff will send **provide** orders for post op testing and an RD referral.

RX orders are **provided** the day of the Pre-Op to fill at the pharmacy of your choice in Houston.

- ▶ Thursday morning fly to Houston, arrival with plenty of time to make post-op appt
- ▶ Thursday afternoon pre-op appointment with Dr. Marvin
- ▶ Friday morning ESG Procedure at Hermann Drive Surgical Center
- ▶ Friday afternoon released to travel companion/nurse
- ▶ Should any cause for concern arise, overnight stay is required
- ▶ Saturday and Sunday are free to relax or see more of Houston
- ▶ Monday morning post-op appointment with Dr. Marvin
- ▶ Monday afternoon cleared to travel home with Dr. Marvin's approval

Traveling Alone – Must be accompanied (18 yrs. or over) to be discharged after procedure

- ▶ BrightStar offers a Transport Service. Companion observation is required. Ask Clinic for Details

Airports

- ▶ George Bush Intercontinental (IAH), 25 miles from Dr. Marvin's Office
- ▶ William Hobby (HOU), 15 miles from Dr. Marvin's Office
<http://www.fly2houston.com> This link also provides shuttle info.

Transportation

- ▶ Rental Car
- ▶ Airport and Hotel Shuttles
- ▶ Taxi - The Taxi Club of Houston www.taxiclubhou.com
- ▶ Uber or LYFT [See App store for OS download](#)
- ▶ My Private Driver
▶ www.myprivatedriver.com

Accommodations

Hotel Derek

2525 West Loop South, Houston, TX 77027
713- 961-3000 www.hotelderek.com
Call Reservations & ask for Small Business Rate
Or on-line booking use code "sbiz".

Double Tree by Hilton

6 Greenway Plaza East, Houston, TX 77046
713-629-1200 www.doubletree.com
Promo Code: Medical Rate 0002682398
or [Doubletree Discount Booking](#)

Four Points Sheraton Greenway Plaza

2828 Southwest Freeway, Houston, TX 77098
713-942-2111 www.fourpointshoustongreenwayplaza.com
Medical Rate \$99 Includes Comp breakfast for 2, Comp Parking
Email Shelley booking s.bitzkie@fourpointshouston.com

Hotel ZaZa

5701 Main Street, Houston, Texas 77005
713-526-1991 houstonmuseumdistrict@hotelzaza.com
Call reservations & ask for Medical Center Rates of \$195

Houston Marriott Medical Center

6580 Fannin Street, Houston, TX 77030
713-796-0080 www.HoustonMarriott.com
Call reservations & ask for Medical Center Rate of \$199

Crown Plaza River Oaks

2712 Southwest Freeway, Houston, TX 77098
713-523-8448 www.ihg.com/crowneplaza
Call reservations & ask for ISDHI rate \$115

Around Houston

- ▶ Shop for clear liquids: [Kroger Delivery](#) (Please check details)
- ▶ Outdoor family entertainment: Discovery Green www.discoverygreen.com
- ▶ Shopping: The Galleria Mall & Hedwig Village Shopping
- ▶ Museum District: www.houmuse.org
- ▶ Theater: www.houston-theater.com
- ▶ Music, Arts, Festivals: www.artshound.com
- ▶ Other: (Places of Worship, etc.): www.downtownhouston.org